

## A FAIR Food Affair

NOURISHING ALL PEOPLE

KEEPING GROWERS PROFITABLE

NURTURING THE ENVIRONMENT





Seymour Community Garden

Nexus Primary Health

Mitchell Community Resources & Advocacy Group (MCRAG)

## Fair FREE Food Stall

Join your local community to celebrate food, get information on healthy eating, growing & preserving your own food, free veggies and lots more. Bring along your own homegrown veggies to swap & share. FREE food to eat and kids activities too.

WHEN: Saturday 17 August 2013

TIME: 9am - 2pm

WHERE: Seymour Community Market,

**Kings Park** 

CELEBRATE AND LEARN ABOUT CULTIVATING A BETTER FOOD FUTURE

fairfoodweek.org.au